



HARM REDUCTION SERIES: PSYCHOACTIVE SUBSTANCES AND SAFER CONSUMPTION

This videoconference session will provide an introductory level overview of the common psychoactive substances that people may consume and the personal benefits that they may provide the people who consume them. At the end of the presentation, participants will feel more comfortable in discussing safer consumption openly with people who use substances in order to reduce risk of harm and foster trusting relationships.

LEARNING OUTCOMES

- Identify and understand the different categories of psychoactive substances and the physiological effects they produce
- Develop an understanding of why psychoactive substances may be appealing to some people
- Understand the different routes and methods of consumption of psychoactive substances: equipment involved, and safer consumption practices
- Identify the different levels of harm associated with different routes of consumption
- Incorporate safer consumption education into conversations about substance use and interactions with people who use substances

PRESENTED BY: Sara Gill, Educator & Jennifer McLaren, Edmonton Zone Lead. Both speakers are Registered Nurses with provincial AHS Harm Reduction Services Team

March 13, 2019

14:00 – 15:30

Session 2 in the Harm
Reduction Series

For more information on
the Harm Reduction
Series or to watch past
sessions, visit the First
Nations Telehealth
Network at www.fntn.ca

Audio lines and live
stream will be made
available for those who
cannot attend via
videoconferencing

This session will be
recorded for future
viewing

To register for this
session visit www.fntn.ca

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